



SERVICES

Rates and Session Options

THERAPY & INTENSIVE SESSIONS

- INDIVIDUAL THERAPY SESSION (55 MIN) *\$250*
- FAMILY SUPPORT SESSION (60 MIN) *\$250*
- COACHING SESSION (50 MIN) *\$175*

EMDR INTENSIVE OPTIONS

- EMDR INTENSIVE (90 MIN) *\$295*
- EMDR INTENSIVE (2 HOURS) *\$395*
- EMDR INTENSIVE (3 HOURS) *\$590*
- HALF-DAY EMDR INTENSIVE (4 HOURS) *\$790*
- FULL-DAY EMDR INTENSIVE (7 HOURS) *\$1200*

PAYMENT & INSURANCE INFO

- OUT-OF-NETWORK PROVIDER FOR ALL INSURANCE PLANS
- PPO PLANS MAY QUALIFY FOR PARTIAL REIMBURSEMENT
- MONTHLY SUPERBILL PROVIDED UPON REQUEST
- PAYMENT DUE AT TIME OF SESSION
- HSA AND FSA, CREDIT/DEBIT, VENMO ACCEPTED